

PROBLEM SOLVING

Breastfeeding Cafe

JACQUI NANCEY NEWBORNS
Baby Expert & Specialist
Breastfeeding Midwife



PROBLEM SOLVING CAFÉ

MAMAS & PAPAS, CIBO Café
256 Regent St, London W1B 3AF
ADVANCE BOOKINGS APPLY

M: 07956 989 688

M: 07983 611 642

TIME: 10am - 12pm

All sessions take place every 2 & 4 week of the month

MONDAYS: Free Breastfeeding Introduction

TUESDAYS: 10 Steps To Heaven With Your Newborn Sessions (£50)

SATURDAYS: Father's Only Baby Club (£50 Per Dad)

HAD ENOUGH OF...

- . Sleepless nights?
 - . Breast feeding difficulties?
 - . Babies excessive crying?
- Book your Ten Steps to Heaven problem solving baby sessions.

EXPECTANT & FIRST TIME MUMS

Are you finding breastfeeding stressful? Come with your baby to our sessions. Jacqui's simple tips and advice will give you enough confidence to begin breastfeeding straight after delivery.

SECOND PLUS MUMS

If your past experience of breastfeeding was a negative reminder of latching on problems, low milk supply etc... You will love the immediate relief offered by Jacqui's sessions.

Join our discussion cafe at...

problemsolvingbreastfeedingcafe.com

IS THE STRESS OF ...

Sleepless nights and demand feeding getting you down?

CALL JACQUI NANCEY NOW

We offer one-to-one home visits or group sessions on how to bring up your newborn showing you how to understand your baby's cries, feeding difficulties or your specific needs such as:

. SLEEPLESS NIGHTS

How to get your baby sleeping through the night from 6- 12 weeks old

. BABY COLIC & REFLUX

Discover a unique but safe and innovative winding technique to ease your baby's discomfort

. BABY'S CRYING

Our baby massage and soothing techniques will ensure a happy and contented baby day or night

. BREASTFEEDING TIPS

Jacqui's practical tips and problem solving advice will give you the confidence to enjoy breastfeeding from day one of your baby's arrival

. BABY ROUTINES

Confused about day & night routines ? Develop your own personalised routine to suit your lifestyle without compromising your new baby's needs

BOOK ONLINE

OUR TEN STEPS TO HEAVEN BABY CAFÉ SESSIONS

	Monday		Tuesday		Wed. - Fri.		Saturday	
	STEP 1			STEPS 2-9	PRIVATE Consultations		STEPS 10	
JAN	MAMAS & PAPAS Free session	26th	MAMAS & PAPAS £50.00 per session	20th	2&3	Weekly home visits + One – to one follow-up	FATHERS BABY CLUB Kensington	(Come with your newborn) 12pm - 2pm + BABY ANGEL STUDENT CLASS 11pm -2pm
FEB		9th, 23th		10th, 24th	4&5			
MAR		9th, 23th		10th, 24th	6&7			
APRIL		6th, 20th		7th,21st	8&9			
MAY		4th, 18th		5th, 19th	2&3			
JUNE		8th, 22nd		9th, 23th	4&5			

Advance Bookings (M): **0798 361 1642** Fees / Adult: **£50.00 Only**

www.problemsolvingbreastfeedingcafe.com